

TRIPLE P CLASSES DECEMBER 2021

CLASES DE TRIPLE P DICIEMBRE 2021

All classes presented through Zoom / Todas las clases presentadas por Zoom

TOPIC / TEMA	WHEN / CUÁNDO
Workshop: Coping with stress Cori Burt, Community Bridges - MCR	Thursday, December 2, 5:30 – 7:00 pm Register: https://bit.ly/Stress-Dec2
Seminar: Stepping Stones Triple P: Positive parenting for children with a disability (for families with children with special needs) Gladys Gómez, Community Bridges – LMCR	Thursday, December 2, 5:30 – 7:00 pm Register: https://bit.ly/SS-Seminar-Dec2
Taller: Enseñando hábitos para comer saludablemente a los adolescentes Gladys Gómez, Puentes de la Comunidad - LMRC	martes, el 7 de diciembre, 5:30 – 7:00 pm Insíbase: https://bit.ly/Comer-Saludable-Adol-7Dic
Workshop: Teaching children to share Sandra Rodelo, Community Bridges – LMCR	Wednesday, December 8, 6:00 – 7:30 pm Register: https://bit.ly/Sharing-Dec8
Seminar: Stepping Stones Triple P: Helping your child reach their potential (for families with children with special needs) Gladys Gómez, Community Bridges – LMCR	Thursday, December 9, 5:30 – 7:00 pm Register: https://bit.ly/SS-Seminar-Dec9
Workshop: Teaching teens healthy eating habits Gladys Gómez, Community Bridges - LMCR	Monday, December 13, 5:30 – 7:00 pm Register: https://bit.ly/Teens-Healthy-Eating-Dec13
Workshop: Enjoying mealtimes Cori Burt, Community Bridges - MCR	Tuesday, December 14, 3:00 – 4:30 pm Register: https://bit.ly/Mealtimes-Dec14
Taller: Enseñando a los niños a compartir y cooperar Sandra Rodelo, Puentes de la Comunidad - LMRC	miércoles, el 15 de diciembre, 6:00 – 7:30 pm Insíbase: https://bit.ly/Compartir-15Dic
Seminar: Stepping Stones Triple P: Turning challenging behaviors into positive behaviors (for families with children with special needs) Gladys Gómez, Community Bridges – LMCR	Thursday, December 16, 5:30 – 7:00 pm Register: https://bit.ly/SS-Seminar-Dec16